

Volunteer Gardener

The Sara Lee Trust Therapy Centre, Sidley, Bexhill

The Sara Lee Trust provides essential support and care to people across Hastings and Rother who are living with cancer and other life threatening conditions as well as to their families and carers. The Trust is also the dedicated provider of these services for the patients of St Michael's Hospice and the Rye, Winchelsea and District Memorial Hospital.



The Trust provides a full range of services from a purpose designed Therapy Centre in Sidley, Bexhill.

The Centre provides a calm and safe environment for patients. This experience is enhanced by a dedicated therapeutic garden as well as welcoming soft and hard landscaping features in the Centre entrance and car park.



The important role of Volunteer Gardener is responsible for maintaining and developing the therapeutic garden and landscaping to help deliver the best possible patient environment and experience.

Usual activities will include:

- To care for, maintain and further enhance the therapy garden
- Ensuring that the garden remain safe for patient use and relaxation
- Maintaining and enhancing the entrance and frontage of the centre through the use of complementary planting and other visual aids

The garden areas will need tending for a couple of hours a week on an ongoing basis.

For more information, please contact Jayne Thomas, Operations Manager and Centre Coordinator by email on jaynethomas@saraleetrust.org