

REGISTERED CHARITY NUMBER: 1055048

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2022
FOR
THE SARA LEE TRUST**

Manningtons Chartered Accountants
39 High Street
Battle
East Sussex
TN33 0EE

THE SARA LEE TRUST

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FOR THE YEAR ENDED 30 APRIL 2022**

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THE SARA LEE TRUST

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 30 APRIL 2022**

TRUSTEES

S Lee (deceased 08/07/2022)
V Goddard
A Cryar
D Hargreaves
J Midgley (resigned 13/01/2022)
M Lear
M Morton
C Chaloner
G Rushbrook (resigned 15/09/2021)
N H Histed
P Matthews (appointed 10/11/2021)
A Rose (appointed 10/11/2021)
K Hughes (appointed 10/11/2021)
T Lee (appointed 13/07/2022)

PRINCIPAL ADDRESS

25 Upper Maze Hill
St Leonards on Sea
East Sussex
TN38 0LB

**REGISTERED CHARITY
NUMBER**

1055048

INDEPENDENT EXAMINER

Manningtons Chartered Accountants
39 High Street
Battle
East Sussex
TN33 0EE

THE SARA LEE TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022



Celebrating 25 years of supporting local people affected by life threatening illness

The trustees present their report with the financial statements of the charity for the year ended 30 April 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

A welcome from our President

Sally Lee MBE passed away on the 8th July 2022. Sally was the driving force behind the Trust over the last twenty-five years providing the leadership and energy needed to enable the trust to support and improve the lives of so many local people. With the support of all those involved with the Trust we will continue to deliver Sara's vision - building upon the immense achievements of both her parents and Trust Co-founders - Sally and Dr Jeremy Lee.

We share below the welcome note written by Sally earlier in the year.

"It is fitting that our 25th year ends with another major milestone - the securing of almost £250,000 towards the development of a new purpose designed therapeutic hallspace in Sidley, Bexhill-on-Sea.

The decision by The National Lottery Community Fund to fund this important development is a significant endorsement of our work, particularly so given their funding of our therapy services in Sidley for the last four years. From this new building we will be able to provide a safe space for local people to access essential group support and activities.

On a personal note, I am so very grateful for the efforts of all those involved in the Trust, both past and present in enabling us to support so many local people affected by life threatening illness. My direct day to day involvement is now coming to an end but I am delighted to say that my son Tim has recently joined our Board of Trustees and will continue to provide a link to Sara's vision that has and will continue to guide us as we strive to support more people into the future.

Sally Lee, Co-founder and mother of Sara Lee"



New hallspace development, Sidley (source: PumpHouse Designs)



THE SARA LEE TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

OBJECTIVES AND ACTIVITIES

TRUST AIMS AND OBJECTIVES

The Sara Lee Trust is an independent local charity which aims to improve the quality of life of people affected by cancer and other life-threatening illnesses in Hastings and Rother (East Sussex), through the provision of psychological and counselling support, complementary therapies and therapeutic group activities. The Trust was established in early 1996.

The Trust's strategic aims are:

To provide, as widely as possible, our free of charge individual and group Counselling and Therapy services to people affected by life threatening illnesses.

To develop our services as needed to ensure equitable access for all, in particular for the more vulnerable groups within our society.

To deliver our care and services in the most appropriate setting for the patient and at a time that best meets their needs.

To ensure that Trust services are supported by long - term sustainable income streams.

The Trust's strategic plan "Delivering the vision: 2017 - 2022" is available from our website: www.saraleetrust.org

OUR ACTIVITIES

About the Sara Lee Trust

For 25 years we have worked to improve the quality of life for people affected by cancer and other life-threatening illnesses across Hastings and Rother, East Sussex. Our combined experience and expertise has enabled us to develop a range of psychological and counselling support, complementary and group therapies to benefit and support patients, their carers, family members and loved ones. We are the dedicated provider of psychological support and therapy care services for St Michael's Hospice, a 26-bed palliative care centre in St Leonards-on-Sea (for over 25 years) and the Rye, Winchelsea and District Memorial Hospital (since 2007). The Trust is the only provider of these specialised services in the region.

Our team

The Trust Team of highly experienced practitioners support almost 800 people per year with the free counselling, therapy care and group support they need to help them through what is often the most difficult time of their life. All Trust practitioners have recognised training in the therapy they provide and have significant experience of working with our patient group.

Whilst ensuring that we comply with local and national guidelines, our flexible model of care is designed to empower the individual, to enable lasting improvement to their wellbeing. We promote the development of long-term connections and supportive networks through individual and / or group activity. Our team provides psychological support including specialist counselling, psychotherapy and Cognitive Behavioural Therapy (CBT), a range of complementary therapies and a growing number of group activities. Care is tailored to the needs of each individual.

All Trust services are provided completely free of charge.

How we help

People affected by life-threatening illness are often at an extremely vulnerable stage in their life, both mentally and physically. They will often feel isolated and marginalised by their illness. Our individual and group support helps people to live with, and increasingly through their illness. Improved confidence and mobility can help service users to be more independent of carers while at the same time enabling them to broaden social networks so that they feel better connected to their community. Because our services are also available to the families and loved ones of patients, they too benefit through the opportunity to process the impact of the diagnosis and potential bereavement.

THE SARA LEE TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

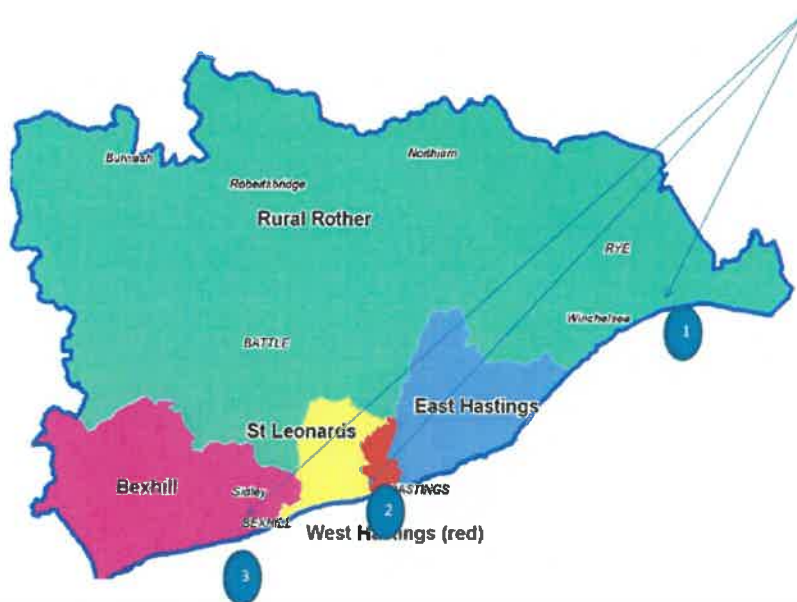
OBJECTIVES AND ACTIVITIES

Our services offer some respite from the caring role and its physical and emotional impact. In this broader context, we improve health and well-being in our community by offering more opportunities for employment and volunteering, playing a key role in enhancing community spirit and reducing the burden of care in the wider community generally. When our resources are not available people sometimes struggle without essential care, resulting in deterioration in health and well-being and placing heightened pressure on mainstream health, social care and other services.

LOCAL CONTEXT

The Trust provides essential care and support for people living across Hastings and Rother who are affected by cancer and other life threatening illnesses. Locally the level of need for this support and care is extreme.

Trust Therapy hubs across Hastings and Rother



1. Hub on Rye Hill
2. St Michaels Hospice
3. Sara Lee Therapy Centre, Sidley

Hastings and Rother have some of the most deprived areas in the country where prevalence rates for cancer are far higher than the national average and many people continue to live with their illness unsupported, resulting in unnecessary suffering and isolation. East Sussex 2018 Joint Strategic Needs & Assets Assessment (JSNA) indicates mortality rates can be as much as 50% higher than the regional average.

Sussex Uncovered 3 is a data-led report that seeks to tell the story of the needs and strengths of our communities across Sussex. This report highlights the continuing inequality across Sussex and that people in the disadvantaged areas of Sussex are more likely to have shorter lives and poorer health. There is a 14.5 year age gap in male life expectancy and 18.9 year age gap in female life expectancy between the most and least deprived areas in Sussex. Hastings & Rother contains 10 of the 15 most deprived wards in Sussex and Hastings is ranked the 13th in the country on the same indicator.

The pressure on our services is already very high with record levels of counselling provided through the pandemic. With The Sussex Cancer Alliance predicting increasing local prevalence rates long into the future, this trend will only but continue.

The Trust is committed to increasing its capacity to meet this extreme level of need.

THE SARA LEE TRUST

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2022**

ACHIEVEMENT AND PERFORMANCE

CHAIRMAN'S STATEMENT

During this financial year, the Covid-19 pandemic has continued to challenge every aspect of our daily life, including the safe delivery of our services. I am extremely proud of the effective and compassionate way in which our team and supporters have continued to respond to this ongoing emergency

The impact of Covid-19 on people affected by life threatening illness has been profound. Continuing to be there for them and also ensuring the survival of our organisation were the foundations on which every decision we made was based. As the pandemic restrictions have relaxed we have been able to re-establish many of our in person services whilst retaining those online services developed in 2020.

We are conscious that it will take time to build back; challenges around funding will continue for several years into the future and our emergency reserves will have to be used to mitigate risk whilst we rebuild.

In the last year we welcomed three new Trustees to our Board; Dr Anita Rose, Peter Matthews and Ken Hughes. Anita, Peter and Ken bring a wealth of expertise and experience in key areas including patient services, commercial enterprise and information technology and share our passion to take the charity forward. For all of us, the last two years will forever be defined by the pandemic but we must now look forward.

The development of a new purpose designed hallspace is incredibly exciting and will have a transformational impact on the scope and scale of our services. We are working with all key stakeholders to ensure we focus our efforts on what will have the greatest impact for them.

With your ongoing support I am confident that we will emerge from this difficult period as a stronger and more sustainable organisation that will be supporting local people in greater numbers for generations to come.

Michael J Lear

ACHIEVEMENT AND PERFORMANCE

CHIEF EXECUTIVE'S INTRODUCTION

The Trust is committed to improving the lives of local people affected by life threatening illness. I am very proud to say that throughout the pandemic, despite the considerable challenges, our practitioners continued to provide local people with a range of essential services and support activities. In addition, in recognition of the considerable impact of the pandemic on health and well-being our therapy capacity was increased to record levels.

Through our monitoring and evaluation processes we know that our services make a real difference and feedback from our service users remains highly positive and compelling.

Highlights from our latest monitoring and evaluation reports include:

- Almost 90% reported improved well-being and confidence
- Over 50% indicated reduced use of mental health services
- Almost 80% reported an improvement to physical health

I give thanks to our extremely dedicated small team who, together with our wonderful volunteers, enable us to provide essential support and care of the highest quality to people affected by life threatening illness across Hastings and Rother.

Although our longer-term strategic aims remained unchanged, the impact of the pandemic resulted in a reprioritisation of many of our near term planned initiatives; in recognition of the immediate needs of those we support and our own financial constraints. Most significantly, our priority focus became the development and maintenance of remote based services and then, when conditions allowed, the re-establishment of face to face and services.

Our ability to support local people is underpinned by our fundraising activities. All across our fundraising areas our small team and volunteer supporters have surpassed expectations. Through their immense efforts and dedication, we have continued to mitigate against the worst financial ravages of the pandemic however it is only due to the receipt of one-off income streams that we have managed to reach year end with a small surplus. This surplus will contribute towards our Hallspace development and centre re-configuration.

With transitional government support no longer available the road to recovery will be a long one with deficits expected each year until at least 2026. During this period, we will be focusing on rebuilding our fundraising and retail operations as well as keeping costs under constant review.

We remain committed however to not only maintaining our therapy team capacity at current levels but investing further when conditions allow. I thank you all for your ongoing support.

Dan Redsull
Chief Executive Officer

THE SARA LEE TRUST

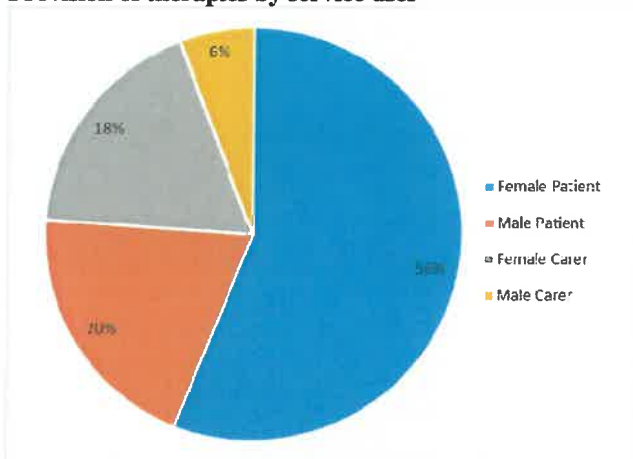
**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2022**

**FINANCIAL REVIEW
THE SARA LEE TRUST PERFORMANCE REPORT
SERVICES**

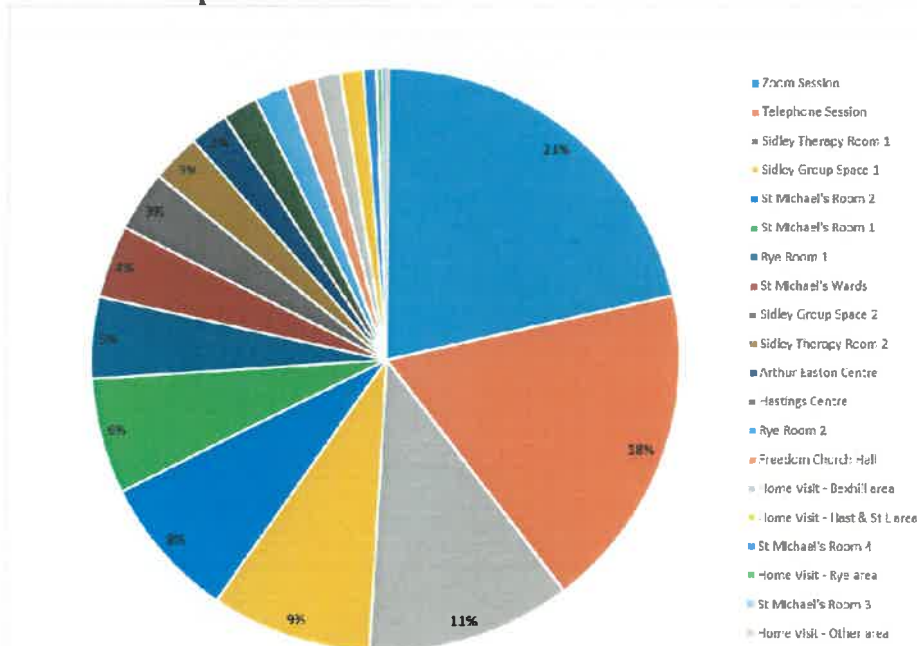
Service provision and activities

In the financial year 2021/22 the Trust supported 553 service users with 3,966 hours of therapy; an increase of 35% from 2020/21. Our ability to meet the exceedingly high level of local need remained heavily restricted for most of the year with long periods of full and partial lockdown. We are expecting a surge in demand for our support and care through 2022 and beyond.

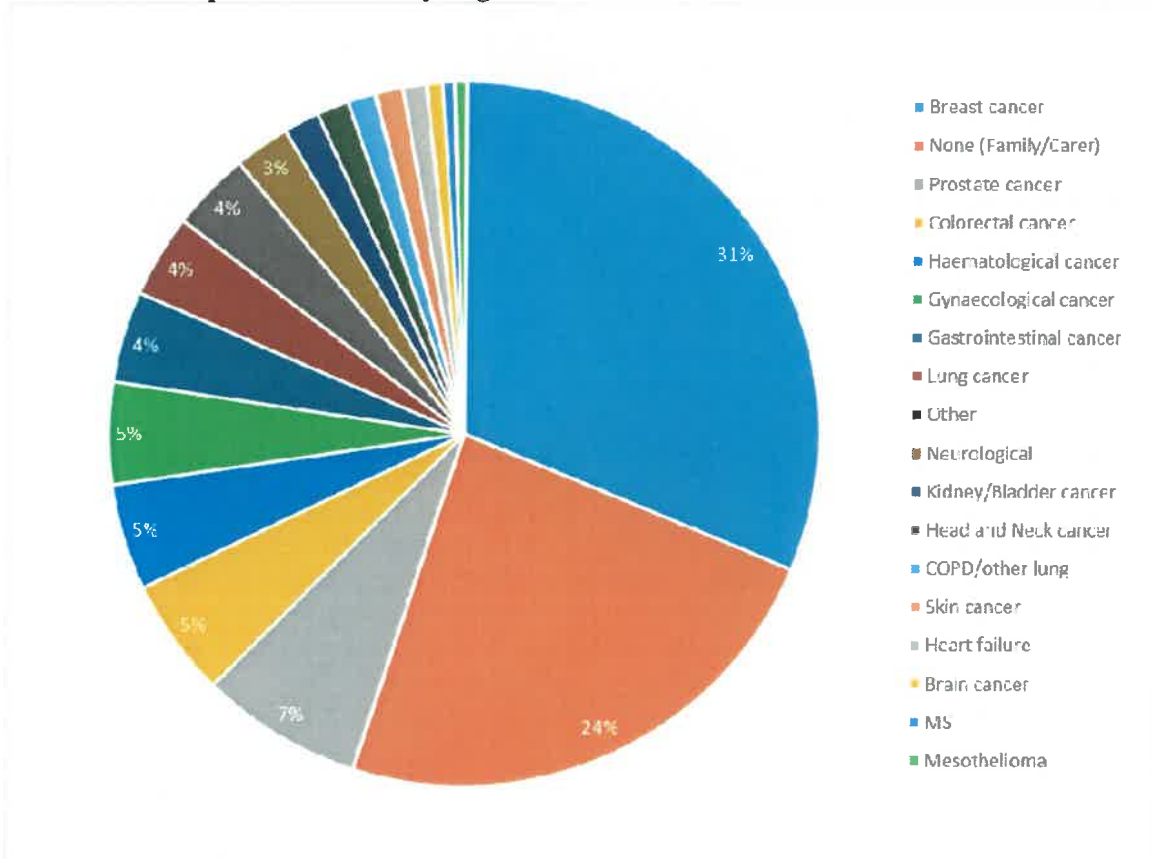
Provision of therapies by service user



Location of therapies and activities



Provision of therapies and activities by diagnosis



In Year Developments

Highlights

- Despite the continued national and local restrictions and lockdowns, Trust practitioners continued to support local people with the care they need throughout the pandemic. Face to face support restarted earlier in the period and home visits in March 2022.
- Investment in additional therapy capacity has continued in recognition of the growing level of need and impact of the pandemic.
- The Trust has expanded its services and capacity at the Hub on Rye Hill with counselling and complementary therapies now available for two days a week.
- Support for couples has increased significantly - both counselling support and couples massage.
- Our counselling service now offers both EMDR and coaching support for patients wishing to return to a more active work life. Eye Movement Desensitization and Reprocessing (EMDR) is a psychotherapy method proven to help people recover from distressing life experiences.

Developed through our I-KNOW-HOW European INTERREG funded project coaching support for people wishing to get back to a more active work and social life is now available from our Counselling Team. This 3-year collaborative project with partners from Belgium, France, the Netherlands and the UK is about supporting people affected by cancer to help them to remain in / return to an active life and work.

- Shiatsu was re-introduced to our therapy services in mid 2021. Shiatsu, where the practitioner applies gentle pressure with their palms and fingers has been shown to help reduce stress, deep seated tension, stimulate circulation, promote relaxation, easing aches and pains and helping to create a general feeling of wellbeing.
- Our group activities including gentle yoga, healthy cooking and Look Good Feel Better sessions are all running as usual and are as popular as ever.

THE SARA LEE TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

Action Plan and Annual Evaluation

In the coming months we will be analysing the results of our annual service user survey and undertaking an evaluation process leading to the 2021 - 2022 Trust Annual Evaluation Report and the 2022-23 Trust Action Plan.

USER FEEDBACK AND CASE STUDY

Examples of service user feedback in 2021

- The help I received from SLT helped me through a very, very challenging and dark time. I am so grateful!

- The Sara Lee Trust has given me the opportunity to receive massage therapy and counselling post my cancer treatment. What wonderful kind therapists. This has helped in my recovery tremendously.

- I am so grateful to the team at Sara Lee for wrapping their arms around me and helping me to cope with my cancer. Thank you!

- Shiatsu therapy helped me to release tension that had built up during the difficult period of my wife's cancer treatment.

- The Sara Lee Trust has given me the opportunity to receive massage therapy and counselling post my cancer treatment. What wonderful kind therapists. This has helped in my recovery tremendously.

- I had 4 sessions with A which helped in reducing my hot flushes. The Centre was excellent.

- Thank you for this amazing service.

- My counselling as priceless; it made me feel less alone and safe to express myself freely at a time when I thought I was going to die.

- Knowing I had a massage booked in was a glimmer of light in what felt like a roller coaster of treatment that mostly made me feel poorly. It made all the horrible bearable.

Case studies and personal stories

Case studies demonstrating how the Trust has made a difference to people through the services it provides. Names and identifying details have been changed to protect the privacy of our service users.

COMPLEMENTARY THERAPY

Cara (37 years old) was diagnosed with high grade, non-hodgkins lymphoma in June 2021. She was referred to the Trust for support in dealing with this diagnosis as it initially left her - in her own words - "absolutely floored".

When I called Cara for the first time to see if she would like to receive some massage therapy, she replied "That is the best thing anyone has said to me all week!"

During her initial consultation, Cara told me she was experiencing debilitating muscle cramps and she asked for some treatment for her back, neck, shoulders and legs. Cara noticed instantaneous improvements, from her first treatment onwards.

She booked her subsequent sessions to give her enough time to recover from each session of chemotherapy and to therefore feel well enough for a massage. She described these appointments as "beacons of lights in the darkness of all the cancer treatments", and that each session was "something to really look forward to".

By the end of her six sessions of massage therapy, Cara felt that her mobility had vastly improved. She describes the impact of the support of the Sara Lee Trust as "invaluable".

THE SARA LEE TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

COUNSELLING

Following diagnosis of yet another life-limiting illness I was referred to the Sara Lee Trust for counselling by the hospital. This was without any doubt one of the very best things ever happened to me.

At that time, I felt scared, desperate, and sinking beneath the weight I had to carry on my shoulders. A counsellor quickly called me, and she has walked beside me through very complex trauma, loss, and pain, never wavering, with such expertise and compassion that have allowed trust in myself and others to grow and even more importantly glimpses of HOPE for a future to appear.

This opportunity has been an IMMEASURABLE GIFT worth more than I can express.

MONITORING AND EVALUATION

The aim of the Trust is to improve the quality of life of people affected by cancer and other life-threatening illnesses. Effective and robust evaluation ensures that our work is evidence based and quality assured. Our service evaluation underpins all funding applications and has enabled us to successfully secure funding for some key services.

All trust services are subject to evaluation at service user level using standardised templates. Outcome reporting is underpinned by our use of EMIS Web, a nationally recognised patient information system.

Key statistics for 2021/22 (year ending 30 April 2022) include:

Improved mental wellbeing

89% of service users reported improved confidence and wellbeing
75% reported reduced anxiety and depression
Over half (53%) reported reduced use of mental health services

Improved physical health

79% of service users reported an improvement to physical health
62% reported a reduction in symptoms / side effects
Almost a third reported a reduced of GP services

Increased independence and reduced isolation

57% of service users reported feeling less isolated
41% reported being more able to look after themselves
Almost a quarter reported participating in new social networks and / or making new friends

We will continue to research and develop our reporting systems to ensure that our evidence-based information meets best practice and national guidelines.

THE SARA LEE TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

FINANCIAL REVIEW FUNDRAISING

The Trust is almost totally reliant on fundraising, donations and retail activities to fund its services. We are extremely grateful to all those who have supported the Trust over the last year in particular, those who have:

- made a donation / grant
- supported, held or participated in a fundraising event
- become one of our invaluable commercial / community partners

Fundraising for the Trust is delivered by a small team of 4 (2.2 whole time equivalent), supported by our part-time Volunteer Coordinator and many wonderful volunteers. We would like to thank all our volunteers for their fantastic support.

Funds were raised throughout the year using a variety of means including:

- An events programme of both Trust and independent activities, which this year were delivered both online and in person. These included: Hastings Beatles Day; Backyard Festival; Fairs; Quizzes; Christmas activities; and individual fundraising activities.
- Challenge Events restarted following the lifting of pandemic restrictions and represent an area that is working back towards full capacity.
- Applications for support to charitable trusts, local businesses and community groups continued to support The Trust throughout the year.
- Appeals to the local community and general public to support our work by fundraising, donating to our charity shops and remembering us in their will.

Key highlights:

- Hastings Beatles Day raised approximately £16,000 as well as increasing awareness of The Sara Lee Trust.
- The Custom Café kindly hosted our first post-pandemic fundraising event.
- Partnering with Make A Will Online to encourage will-writing amongst our supporters.
- A continuing trend of increased support from charitable trusts & foundations
- Development of community relationships including with venues and local businesses giving raffle prizes etc.
- Further development of public communications channels including enhanced social media activity - particularly with video content.
- Resuming planning for some activities that had been cancelled due to the pandemic; including music events, Christmas events and challenge events.
- Development of new and continued community and business relationships, including with St Michael's Hospice fundraising, Hub on Rye Hill fundraising, The Queen's Arcade and more.



THE SARA LEE TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

FINANCIAL REVIEW

Impact of Coronavirus

Fundraising in-person was still impacted by coronavirus and people's understandably cautious behaviour regarding events and community activities. While events were held, these were much smaller than in previous years, with protective restrictions in place. However, there is enthusiasm in our community to fully return to events - as indicated by the better than expected attendance at Hastings Beatles Day in April.

There was also an impact on challenge events, as many of our supporters had not been able to train to take part in these throughout the year. However, sign-ups for 2022-3 are already growing.

Online events and activities continued to be prioritised during the first half of the year to keep engaged with our supporters and community, and small-scale supporter-led activities were highlighted in all our marketing.

Income from corporate partners and other businesses is now beginning to rise, and should return to close to normal in 2022-3.

Collecting box and cash donations are returning more slowly, and individual donations continue to be affected by both the impact of coronavirus and the current economic downturn.

Income from Trusts and Foundations this year has remained stable, with a drop from last year due to closure of coronavirus emergency funds.

Our digital offer continues to grow, including increased social media output, further development of video content; along with a larger variety of online fundraising platforms.

During these continued exceptionally difficult circumstances, the Fundraising Team has been able to maintain a flexible approach which has ensured income for The Trust through as many streams as possible.

Our sincere thanks go to all the charitable trusts, companies, organisations and individuals who have supported our fundraising efforts throughout the year.

THE SARA LEE TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

FINANCIAL REVIEW CHARITY RETAIL

Charity Retail for the Trust is delivered across 6 charity shops, supported by our Donation Centre and van team.

Our retail team has grown with an additional Van Driver and Shop Manager post recruited to support our trading activities.

Our priorities this year have focused on strengthening income streams from our Donation Centre, growing Ecommerce and developing our staff and supporting volunteers.

Our whole team have worked incredibly hard to get and keep our shops and other operations up and running as and when restrictions allowed.

Other initiatives and highlights



Ecommerce continues to be our outlet for unique and higher price donations raising over £10k in the year. Selling online gives a much wider reach and ability to achieve higher sales for specialist items. We continue to seek out new connections with local businesses to ensure an ever increasing network for resale.

Our Caring Clearance (House Clearance) service is now firmly established within the community and continuing to generate regular income achieving over £7k in the period. Our workforce at the Donation Centre continues to grow and forge new partnerships within the community including The Hub on Rye Hill and Funnell and Perring. We successfully raised nearly £5k in

specialist sales this year.

Our first pop up shop at Beatles Day and Guitar raised £800 and we made some excellent contacts for future sales.

Our own dedicated retail website, saraleetrustretail.org continues to showcase new ventures and Facebook with our dedicated DC selling profile, this is also used to promote, advertise and connect with our supporters. Our following across social media also continues to grow.

Covid- 19 and re-establishing Retail



The impact of Covid-19 for charity retail has been significant. Volunteer teams have fluctuated throughout this difficult time with some shops unable to open for short periods. The pandemic restrictions meant closures across retail at short notice reducing our turnover. The flexibility and resilience shown by volunteers, shop managers and the DC team has been integral to our Retail arm performance and bounce back.

Our annual net contribution to the Trust was just over £82k which although in part is supported by one off grant income, reflects the hard work and considerable efforts of the whole retail team.

Whilst the main focus for the coming year will be on maintaining short to medium term stability, we will be introducing a number of initiatives to help improve our retail efficiency and effectiveness. We will continue to invest in our people and assets to facilitate recovery and post pandemic growth.

FINANCIAL REVIEW

FINANCE

Before the onset of the pandemic, the Trust's intention was to achieve a balanced budget annually whilst delivering continued year on year growth in therapy capacity in order to meet the extraordinarily high levels of local need. This planned investment included the staged pick up of the costs of our therapy services provided in Sidley and its surrounds which is currently part-funded by The National Lottery Community Fund; support that ends in September 2022.

In March 2021 our Board of Trustees approved a four-year budget plan which was based on recovery and building momentum within our key fundraising areas whilst maintaining and then incrementally increasing overall service capacity. This gave a commitment to maintaining costs at a level that exceeds expected income until breakeven is achieved by the end of that 4 year period. This budget plan has now been updated to take account of material internal and external factors such as the changes to utility costs and general inflationary pressures and extended for planning purposes to April 2026.

In summary terms the Trust is expecting to be in a deficit position until April 2026.

Targets within our planning forecasts remain very challenging with fundraising and retail activities charged with meeting an annual shortfall in unconfirmed income of approximately £150,000.

At year-end the charity had raised £395,882 against expenditure of £376,976 achieving a surplus of £18,906. This surplus is an expected anomaly created by a combination of one-off income streams (e.g. government covid grants / insurance settlements) and the implementation of a wide reaching and severe cost cutting programme in 2020/21 which removed approximately £75,000 per year from our overall operating costs. Our underlying financial position of a minimum c£35k per year deficit is a more reflective one and highlights the challenge for our team in rebuilding our fundraising activities to pre-pandemic levels.

Along with a large proportion of our contingency reserves, this year's small surplus will contribute towards our hallspace capital development and the reconfiguration of our existing centre to provide an additional dedicated space for hands on therapies.

RESERVES

The level and application of reserves are subject to a full reserve at least on an annual basis. It is the current policy of the Trust that under normal circumstances, unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to approximately 9 months of recurrent operational expenditure (i.e. c£281,000). The Trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the Trust's activities while consideration is given to ways in which additional funds may be raised. Under normal circumstances a further reserve would be maintained to ensure that sufficient resources are available to properly maintain Trust fixed assets in the event of a significant drop in funding

The Board of Trustees has however recognised that we are in exceptional times and that considerable resource needs to be committed towards mitigating against the impacts of the pandemic - in particular to ensure that the essential support and care we provide for so many across the region remains unaffected whilst we rebuild our support activities over the coming years.

In addition, the Board of Trustees is committed to the development of a purpose designed therapy hall space to enable a step change in the scope and scale of group activities available for local people.

Therefore, of the cash and bank reserves at year end (£265,368), £67,000 is committed towards mitigating the impacts of the coronavirus pandemic, £50,000 to the development of a purpose designed hallspace in Sidley, and the remaining £148,368 (equivalent to approximately 4 and 1/2 months recurrent expenditure) has been ring-fenced for operational provisions as referred to above.

As at the 30th April 2022, the Trust held no other uncommitted reserves or balances.

THE SARA LEE TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

TRUSTEES

The Trust currently has a total of 11 Trustees. All Trustees are mindful of their responsibilities regarding the appointment and training of new Trustees. Presently, the need for new Trustees is discussed amongst existing Trustees with, when a need is agreed, potential candidates being identified through existing networks or by external advertisement.

Shortlisted candidates are interviewed and the successful candidates undergo a comprehensive induction where they meet key members of the Trust and are introduced to all aspects of the Trust's work. Each new Trustee is provided with a summary of the responsibilities of a new Trustee.

RISK MANAGEMENT

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

SERVICE USER & PUBLIC PARTICIPATION AND INVOLVEMENT (PPI)

The Trust is committed to involving users in the development of its policies and services. It has a core belief that user involvement and engagement is essential to providing services that best meet user needs. Users of Trust services play an active and leading role in the planning of service improvements and assisting in wider developments within the organisation.

Our independent Service User Group continues to play an active and often leading role, contributing their thoughts and ideas across many important areas. In the last year this has included:

- Supporting the development of our hallspace project
- Reviewing and signing off our annual evaluation report and 2021/22 Trust action plan.
- Helping to design the 2021/22 Annual Services Survey
- Supporting the development of extended support groups and activities
- Working with the team on a variety of fundraising events and activities
- Advising the Trust on how to respond to the Coronavirus pandemic



As well as our Service User Group (SUG), existing and former service users are actively engaged in a number of other important Trust forums, committees and initiatives including our Board of Trustees, The National Lottery Community Fund Project Board and Volunteer Committee.

THE SARA LEE TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

SERVICE USER & PUBLIC PARTICIPATION AND INVOLVEMENT (PPI)

A note from the SUG Chair - Jo Moore

We, as the Service User Group, continue to see how important our role is and what it entails within the Trust. We readily and respectfully work together for the good of the Trust (which has helped us all in the past and in some cases still does) to help it develop and move forward across all its operations but most especially, its services so it can best meet current and future service users needs.

The service user is at the heart of our focus. We are sincerely dedicated in our role and know that our ideas and contributions are listened to, respected, valued and often acted upon by the Trust. As the Chair, I feel privileged to work in, and with, such a group where the service user is our focal point. It has been truly wonderful to see how far the Trust has developed within a short length of time.



Since the pandemic, the Trust has worked hard to adapt its services to still try and meet the service users' needs as best as they are able.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

GOVERNING DOCUMENT

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

EVALUATION AND PRIORITIES

The aim of our annual evaluation is to step back, reflect on the year, and learn from our experiences and the information obtained, to make our services and support activities more effective and efficient in the longer term. An annual evaluation report is published which:

- summarises the evaluation process
- highlights key findings
- and communicates the resulting action plan

The action plan serves as a road map in the ongoing monitoring process for the year ahead, and a benchmark against which to evaluate our progress at the end of the year.

All stakeholders including staff, service users (including family members and carers), volunteers, local partners and the wider local community are actively involved in the monitoring and evaluation processes through a variety of forums, regular events and feedback mechanisms which include:

Service User Group
Annual Service User Survey
Focus group reviews
Annual Evaluation workshops
Feedback forms and case studies

The Evaluation Report and related action plan is published at the end of each calendar year.

THE SARA LEE TRUST

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2022**

**STRUCTURE, GOVERNANCE AND MANAGEMENT
TRUSTEES**

The Trust currently has a total of 11 Trustees. All Trustees are mindful of their responsibilities regarding the appointment and training of new Trustees. Presently, the need for new Trustees is discussed amongst existing Trustees with, when a need is agreed, potential candidates being identified through existing networks or by external advertisement.

Shortlisted candidates are interviewed and the successful candidates undergo a comprehensive induction where they meet key members of the Trust and are introduced to all aspects of the Trust's work. Each new Trustee is provided with a summary of the responsibilities of a new Trustee.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Approved by order of the board of trustees on 9/11/22 and signed on its behalf by:



.....
Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE SARA LEE TRUST**

Independent examiner's report to the trustees of The Sara Lee Trust

I report to the charity trustees on my examination of the accounts of The Sara Lee Trust (the Trust) for the year ended 30 April 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



R Walsh FCCA
Manningtons Chartered Accountants
39 High Street
Battle
East Sussex
TN33 0EE

Date:23/11/22.....

THE SARA LEE TRUST

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 APRIL 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	115,799	114,318	230,117	160,374
Other trading activities	3	77,852	7,250	85,102	70,066
Investment income	4	62,730	215	62,945	62,970
Other income		17,718	-	17,718	43,350
Total		274,099	121,783	395,882	336,760
EXPENDITURE ON					
Raising funds		63,365	-	63,365	56,933
Charitable activities	5				
General		159,735	153,876	313,611	275,457
Total		223,100	153,876	376,976	332,390
NET INCOME/(EXPENDITURE)		50,999	(32,093)	18,906	4,370
Transfers between funds	15	(31,207)	31,207	-	-
Net movement in funds		19,792	(886)	18,906	4,370
RECONCILIATION OF FUNDS					
Total funds brought forward		1,394,064	69,166	1,463,230	1,458,860
TOTAL FUNDS CARRIED FORWARD		1,413,856	68,280	1,482,136	1,463,230

The notes form part of these financial statements

THE SARA LEE TRUST

**STATEMENT OF FINANCIAL POSITION
30 APRIL 2022**

		2022	2021
	Notes	£	£
FIXED ASSETS			
Tangible assets	10	6,945	6,895
Investment property	11	<u>1,151,481</u>	<u>1,141,051</u>
		1,158,426	1,147,946
CURRENT ASSETS			
Debtors	12	136,981	90,536
Cash at bank and in hand		<u>265,368</u>	<u>284,789</u>
		402,349	375,325
CREDITORS			
Amounts falling due within one year	13	(78,639)	(60,041)
		<u> </u>	<u> </u>
NET CURRENT ASSETS		<u>323,710</u>	<u>315,284</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,482,136</u>	<u>1,463,230</u>
NET ASSETS		<u><u>1,482,136</u></u>	<u><u>1,463,230</u></u>

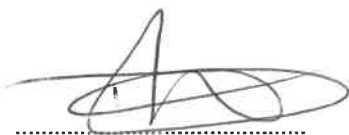
The notes form part of these financial statements

THE SARA LEE TRUST

STATEMENT OF FINANCIAL POSITION - continued
30 APRIL 2022

FUNDS		2022	2021
Unrestricted funds:	15		
General fund		199,126	178,163
Contingency Fund - Operational Activities		169,000	169,000
Contingency Fund - Asset Maintenance		25,000	25,000
Designated Fund - Fixed Assets		950,729	951,901
Revaluation Reserve		70,000	70,000
		<u>1,413,855</u>	<u>1,394,064</u>
Restricted funds:			
Shop Donations		1,000	1,000
Sussex Community Foundation		3,132	-
Bexhill therapy centre		58,716	58,716
Hastings Lions		1,100	1,100
Big Lottery Fund Grant		-	8,350
Independent Age		4,333	-
		<u>68,281</u>	<u>69,166</u>
TOTAL FUNDS		<u>1,482,136</u>	<u>1,463,230</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 21.11.22 and were signed on its behalf by:



Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 10% on cost
Fixtures and fittings	- 25% on cost

INVESTMENT PROPERTY

Investment property is shown at most recent valuation. Any aggregate surplus or deficit arising from changes in fair value is recognised in the Statement of Financial Activities.

TAXATION

The charity is exempt from tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between six and nine month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

THE SARA LEE TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2022**

2. DONATIONS AND LEGACIES

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Donations	25,603	5,107	30,710	32,171
Gift aid	2,738	-	2,738	6,353
Legacies	4,029	-	4,029	5,257
Grants	-	109,211	109,211	115,768
Shop income	<u>83,429</u>	<u>-</u>	<u>83,429</u>	<u>825</u>
	<u>115,799</u>	<u>114,318</u>	<u>230,117</u>	<u>160,374</u>

Grants received, included in the above, are as follows:

	2022 £	2021 £
Big Lottery Fund	41,148	49,404
Other Grants	<u>68,063</u>	<u>66,364</u>
	<u>109,211</u>	<u>115,768</u>

3. OTHER TRADING ACTIVITIES

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Fundraising events	25,252	-	25,252	10,282
Charitable trust income	<u>52,600</u>	<u>7,250</u>	<u>59,850</u>	<u>59,784</u>
	<u>77,852</u>	<u>7,250</u>	<u>85,102</u>	<u>70,066</u>

4. INVESTMENT INCOME

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Rents received	62,629	215	62,844	62,085
Interest receivable	<u>101</u>	<u>-</u>	<u>101</u>	<u>885</u>
	<u>62,730</u>	<u>215</u>	<u>62,945</u>	<u>62,970</u>

THE SARA LEE TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2022**

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
General	<u>300,922</u>	<u>12,689</u>	<u>313,611</u>

6. SUPPORT COSTS

	Information technology £	Governance costs £	Totals £
General	<u>8,899</u>	<u>3,790</u>	<u>12,689</u>

Governance costs includes £1,550 (2021: £1,400) for the Independent examiners fee.

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 April 2022 nor for the year ended 30 April 2021.

The trustee D Hargreaves is a partner in Acuity Professional Partnership LLP who provide accountancy services to The Sara Lee Trust at a significantly discounted cost. A provision of £2,700 has been included within the accounts.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 30 April 2022 nor for the year ended 30 April 2021.

KEY MANAGEMENT PERSONNEL REMUNERATION AND EXPENSES

No employees received total employee benefits (excluding pension contributions) of more than £60,000.

	2022	2021
Salaries	231,203	227,565
Key Management Personnel	41,029	37,488
Employer Pension	4,689	4,154
Social security and other tax	<u>13,424</u>	<u>12,904</u>
	<u>290,345</u>	<u>282,111</u>

THE SARA LEE TRUST**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2022****8. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2022	2021
Support staff	2	2
Fundraising staff	5	5
Therapy staff	<u>14</u>	<u>11</u>
	<u>21</u>	<u>18</u>

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	110,972	49,402	160,374
Other trading activities	40,366	29,700	70,066
Investment income	62,970	-	62,970
Other income	<u>43,350</u>	<u>-</u>	<u>43,350</u>
Total	257,658	79,102	336,760
EXPENDITURE ON			
Raising funds	56,933	-	56,933
Charitable activities			
General	201,225	74,232	275,457
Total	<u>258,158</u>	<u>74,232</u>	<u>332,390</u>
NET INCOME/(EXPENDITURE)	(500)	4,870	4,370
RECONCILIATION OF FUNDS			
Total funds brought forward	1,394,564	64,296	1,458,860
TOTAL FUNDS CARRIED FORWARD	<u>1,394,064</u>	<u>69,166</u>	<u>1,463,230</u>

THE SARA LEE TRUST**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2022****10. TANGIBLE FIXED ASSETS**

	Plant and machinery £	Fixtures and fittings £	Totals £
Cost			
At 1 May 2021	33,868	8,641	42,509
Additions	<u>1,222</u>	<u>-</u>	<u>1,222</u>
At 30 April 2022	<u>35,090</u>	<u>8,641</u>	<u>43,731</u>
Depreciation			
At 1 May 2021	26,973	8,641	35,614
Charge for year	<u>1,172</u>	<u>-</u>	<u>1,172</u>
At 30 April 2022	<u>28,145</u>	<u>8,641</u>	<u>36,786</u>
Net book value			
At 30 April 2022	<u>6,945</u>	<u>-</u>	<u>6,945</u>
At 30 April 2021	<u>6,895</u>	<u>-</u>	<u>6,895</u>

11. INVESTMENT PROPERTY

	£
Fair value	
At 1 May 2021	1,141,051
Additions	<u>10,430</u>
At 30 April 2022	<u>1,151,481</u>
Net book value	
At 30 April 2022	<u>1,151,481</u>
At 30 April 2021	<u>1,141,051</u>

The value of the property was considered by the Trustees at year end and found to be reasonable.

A revaluation of the investment property at Silverhill was assessed by the trustees during the year 2017.

THE SARA LEE TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2022**

12. DEBTORS

	2022 £	2021 £
Amounts falling due within one year:		
Trade debtors	252	-
Prepayments and accrued income	<u>1,354</u>	<u>5,353</u>
	<u>1,606</u>	<u>5,353</u>
Amounts falling due after more than one year:		
Other debtors	<u>135,375</u>	<u>85,183</u>
Aggregate amounts	<u>136,981</u>	<u>90,536</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	5,205	-
Taxation and social security	5,479	748
Other creditors	<u>67,955</u>	<u>59,293</u>
	<u>78,639</u>	<u>60,041</u>

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
Fixed assets	4,255	2,690	6,945	6,895
Investments	1,091,765	59,716	1,151,481	1,141,051
Current assets	369,488	32,861	402,349	375,325
Current liabilities	<u>(51,653)</u>	<u>(26,986)</u>	<u>(78,639)</u>	<u>(60,041)</u>
	<u>1,413,855</u>	<u>68,281</u>	<u>1,482,136</u>	<u>1,463,230</u>

THE SARA LEE TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2022

15. MOVEMENT IN FUNDS

	At 1.5.21 £	Net movement in funds £	Transfers between funds £	At 30.4.22 £
Unrestricted funds				
General fund	178,163	52,170	(31,207)	199,126
Contingency Fund - Operational Activities	169,000	-	-	169,000
Contingency Fund - Asset Maintenance	25,000	-	-	25,000
Designated Fund - Fixed Assets	951,901	(1,172)	-	950,729
Revaluation Reserve	70,000	-	-	70,000
	<u>1,394,064</u>	<u>50,998</u>	<u>(31,207)</u>	<u>1,413,855</u>
Restricted funds				
Shop Donations	1,000	-	-	1,000
Sussex Community Foundation	-	3,132	-	3,132
Bexhill therapy centre	58,716	-	-	58,716
Hastings Lions	1,100	-	-	1,100
Big Lottery Fund Grant	8,350	(13,319)	4,969	-
Independent Age	-	4,333	-	4,333
I Know How	-	(26,238)	26,238	-
	<u>69,166</u>	<u>(32,092)</u>	<u>31,207</u>	<u>68,281</u>
TOTAL FUNDS	<u>1,463,230</u>	<u>18,906</u>	<u>-</u>	<u>1,482,136</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	274,099	(221,929)	52,170
Designated Fund - Fixed Assets	-	(1,172)	(1,172)
	<u>274,099</u>	<u>(223,101)</u>	<u>50,998</u>
Restricted funds			
Sussex Community Foundation	3,132	-	3,132
Big Lottery Fund Grant	41,147	(54,466)	(13,319)
Independent Age	4,333	-	4,333
East Sussex CCG	26,276	(26,276)	-
I Know How	41,787	(68,025)	(26,238)
Rye, Winchelsea and District Memorial Hospital	<u>5,108</u>	<u>(5,108)</u>	<u>-</u>
	<u>121,783</u>	<u>(153,875)</u>	<u>(32,092)</u>
TOTAL FUNDS	<u>395,882</u>	<u>(376,976)</u>	<u>18,906</u>

THE SARA LEE TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2022**

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.5.20 £	Net movement in funds £	Transfers between funds £	At 30.4.21 £
Unrestricted funds				
General fund	184,604	59	(6,500)	178,163
Contingency Fund - Operational Activities	162,500	-	6,500	169,000
Contingency Fund - Asset Maintenance	25,000	-	-	25,000
Designated Fund - Fixed Assets	952,460	(559)	-	951,901
Revaluation Reserve	70,000	-	-	70,000
	<u>1,394,564</u>	<u>(500)</u>	<u>-</u>	<u>1,394,064</u>
Restricted funds				
Shop Donations	1,000	-	-	1,000
Bexhill therapy centre	58,716	-	-	58,716
Hastings Lions	1,100	-	-	1,100
Big Lottery Fund Grant	3,480	4,870	-	8,350
	<u>64,296</u>	<u>4,870</u>	<u>-</u>	<u>69,166</u>
TOTAL FUNDS	<u>1,458,860</u>	<u>4,370</u>	<u>-</u>	<u>1,463,230</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	257,658	(257,599)	59
Designated Fund - Fixed Assets	-	(559)	(559)
	<u>257,658</u>	<u>(258,158)</u>	<u>(500)</u>
Restricted funds			
Ernest Kleinwort	5,000	(5,000)	-
Sussex Community Foundation	2,083	(2,083)	-
Foreshore	200	(200)	-
The Pink Ribbon Foundation	2,000	(2,000)	-
Big Lottery Fund Grant	49,402	(44,532)	4,870
Tesco Bags of Help	500	(500)	-
MIND	11,250	(11,250)	-
Independent Age	8,667	(8,667)	-
	<u>79,102</u>	<u>(74,232)</u>	<u>4,870</u>
TOTAL FUNDS	<u>336,760</u>	<u>(332,390)</u>	<u>4,370</u>

THE SARA LEE TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 APRIL 2022**

16. RELATED PARTY DISCLOSURES

A donation of £82,487 was made from Sara Lee Trading Ltd during the year.

THE SARA LEE TRUST**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 APRIL 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	30,710	32,171
Gift aid	2,738	6,353
Legacies	4,029	5,257
Grants	109,211	115,768
Shop income	<u>83,429</u>	<u>825</u>
	230,117	160,374
Other trading activities		
Fundraising events	25,252	10,282
Charitable trust income	<u>59,850</u>	<u>59,784</u>
	85,102	70,066
Investment income		
Rents received	62,844	62,085
Interest receivable	<u>101</u>	<u>885</u>
	62,945	62,970
Other income		
Insurance claim	17,718	-
Government grants	<u>-</u>	<u>43,350</u>
	17,718	43,350
Total incoming resources	395,882	336,760
EXPENDITURE		
Other trading activities		
Fundraising events	6,153	5,934
Wages	<u>57,212</u>	<u>50,999</u>
	63,365	56,933
Charitable activities		
Wages	100,757	102,853
Insurance	3,856	3,622
Postage and stationery	764	1,788
Advertising	412	-
Therapist fees	138,493	141,505
Carried forward	<u>244,282</u>	<u>249,768</u>

This page does not form part of the statutory financial statements

THE SARA LEE TRUST

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 APRIL 2022**

	2022	2021
	£	£
Charitable activities		
Brought forward	244,282	249,768
Aromatherapy & housekeeping	12,220	178
Sanctuary days	-	90
Staff training	8,182	4,029
Travelling expenses	1,277	265
Sundry service costs	4,887	8,392
Premises costs	28,686	6,671
Plant and machinery depreciation	1,172	954
Fixtures and fittings depreciation	-	73
Bank charges	<u>216</u>	<u>166</u>
	300,922	270,586
Support costs		
Information technology		
Computer running costs	8,899	-
Governance costs		
Accountancy	1,930	3,644
Independent examiners fee	1,860	1,200
Legal fees	<u>-</u>	<u>27</u>
	<u>3,790</u>	<u>4,871</u>
Total resources expended	<u>376,976</u>	<u>332,390</u>
Net income	<u>18,906</u>	<u>4,370</u>

This page does not form part of the statutory financial statements